

# Sensory Processing Observation Checklist

Child's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Date: \_\_\_\_\_

## Tactile

- Dislikes standing in line
- Bothered by tags on shirts
- Dislikes playing in messy things
- Reacts aversively to textured foods
- Likes only highly textured foods
- Does not react to falls, scrapes or bumps
- Touches everything - walks touching the wall
- Constantly puts things in mouth

## Proprioceptive

- Stamps feet or bangs with hands
- Writes or holds pencil too hard (or too soft)
- Plays too roughly
- Seems unaware of body in space - clumsy
- Handles toys roughly - lots of banging and breaking
- Deliberately falls or tumbles a lot
- Chews hard on things
- Poor motor planning in gross/fine motor skills

## Vestibular

- Wiggles around during seated activities
- Craves spinning or swinging
- Rocks while seated or standing
- Likes being upside down
- Constantly in motion
- Is afraid of movement
- Experiences car sickness
- Avoids playground equipment
- Fears having head tilted backward (i.e. Hair washing)
- Is afraid to sit on a toilet

### **Auditory**

- Covers ears or screams w/ sudden loud noises (i.e. vacuum, toilet flushing)
- Difficulty locating sound
- Enjoys constantly making sounds (i.e. humming)
- Constantly distracted by background sounds (i.e. fluorescent lights hum)
- Prefers music very loud

### **Vision**

- Demonstrates poor eye contact
- Turns head to the side when looking at things
- Holds head very close to work
- Loses place on page when reading
- Difficulty copying from the board
- Uses hand as a "visor" when in bright sunlight or fluorescent lighting
- Difficulty tracking a ball to catch

### **Arousal & Attending**

- Is hyperactive and difficult to calm
- Has difficulty modulating emotional response
- Startles easily
- Difficult to arouse and does not react to loud sounds, bright lights etc.
- Has difficulty completing tasks
- Difficulty transitioning from one task to another

### **Social Consciousness**

- Reacts with laughter when someone expresses anger, sadness, fear
- Becomes fearful in social situations
- Does not spontaneously interact in a group
- Appears to be unaware of others feelings
- Cannot identify happy/sad/angry faces

### **Olfactory/Gustatory**

- Complains of things "smelling bad"
- Notices how people smell
- Reacts violently to smells
- Smells objects constantly
- Prefers foods that are highly spiced or bland
- Chooses very limited repertoire of foods (i.e. prefers smooth vs. texture)